

APPLICATION

1. Apply a tight fitting T-shirt or body sock. A loose garment will produce wrinkles under the spinal orthosis and may cause irritation and/or skin breakdown.
2. Lie on your back while a caregiver feels for your waist (soft area above the hips and below the ribs).
3. Log Roll onto your side.
4. Place the back section of the spinal orthosis behind the patient.
5. Slide the ends of the back panel into the proper waist size slots and pull firmly to snap in place.
6. Roll back onto your back and check the alignment of the back section to ensure proper location.
7. Attach the black Velcro start tab to the Velcro dot on the opposite side panel.
8. Attach and tighten the upper and lower straps.
9. Lace the 1.5" wide center strap through the plastic latch by feeding it under and over plastic.
10. Pull plastic latch back to "ratchet" strap tight and pull all straps tight by taking in any slack.

WEARING INSTRUCTIONS

1. The spinal orthosis should always be worn snug. If the straps are too loose, the orthosis will move as you move and can cause irritation, especially in sitting.
2. Check with your Physician for precise wearing schedule. Sometimes the spinal orthosis must be worn at all times. In other cases, it only is worn during sitting and standing, but should always be applied while lying down.

CARE INSTRUCTIONS

The orthosis can be cleaned with soap and warm water. Make sure the orthosis is completely dry prior to wearing. If you were provided with a separate pad kit, remove and clean per directions and re-apply when dry.



PLEASE CALL YOUR NEAREST WCBL REGARDING ANY QUESTIONS OR CONCERNS.

North Tampa
(Corporate Office)
5311 E. Fletcher Ave
Tampa, FL 33617
(813) 985-5000

Palm Harbor
3343 Tampa Road
Palm Harbor, FL 33684
(727) 785-0100

West Tampa
2727 W. Dr. M.L.K Jr. Blvd
Suite 690
Tampa, FL 33607
(813) 354-0100

St. Petersburg
4021 Central Ave, Suite C
St. Petersburg, FL 33713
(727) 323-9500

Brandon
620 Oakfield Dr.
Brandon, FL 33511
(813) 684-5525