

An anterior control TLSO, also known as a Jewett or CASH orthosis, is used to treat anterior compression fractures in the thoracolumbar region of your spine and/or pain secondary to thoracic kyphosis. It is designed to prevent forward flexion of the spine and therefore reduces the stress on the compression fracture(s). This promotes healing and helps to reduce pain. The TLSO should only be worn by the person who was measured and custom fit for it and only according to Physician's instructions.



CASH Orthosis



Jewitt Orthosis

APPLICATION

- 1. Don a clean, well fitting T-shirt. Avoid shirts with buttons down the front as these will become pressure points
- 2. Open the strap and lay it flat, then lie flat on your back (supine) over top of the pad and apply the frame to the front of your body ~1" below your collar bone. The bottom pad should be near your pubic bone.
- 3. Make sure the strap and pad are centered in the middle of your back.
- 4. Secure the strap snug.

WEARING INSTRUCTIONS

Follow your physician's wearing instructions. This device is not intended for use while sleeping, rather while you are sitting, standing, and walking. If you find that the orthosis is migrating up when you sit, check to ensure the strap is snug enough. If the problem persists, call your Orthotist.

CARE INSTRUCTIONS

Both the frame and pads can be cleaned by wiping with a damp cloth. Do not submerse the orthosis in water. Make sure the entire orthosis is completely dry before re-applying.