

KNEE IMMOBILIZER

A knee immobilizer is used to completely restrict range of motion at the knee. The immobilizer consists of a rigid strut in the back (and sometimes on the sides as well) and a foam liner. It is indicated for a variety of conditions including but not limited to: post-injury, post-operative, knee flexion contracture prevention, etc. The knee immobilizer should only be used by the person for whom it was prescribed and custom fit, and according to physician instruction.

Application

1. Open all of the Velcro straps as well as the foam liner.
2. Place behind the leg with the strut centered and with equal distance from the knee to the top and bottom.
3. Wrap the foam liner around the leg and secure.
4. Secure all of the Velcro straps snug, and then, if your model has an elastic knee strap, pull this snug.

Wearing Instructions

Do not remove this device unless you have received orders from your Physician to do so. It is important to keep all straps snug, especially the elastic knee strap and the straps directly above and below the knee. Failure to do so, will allow for flexion (bending) of the knee inside of the orthosis. This will result in digging and irritation at the top and bottom edges. It will also reduce the amount of support and protection around the knee.

Care Instructions

If your physician indicates that you may remove the orthosis, you may then proceed with cleaning. Wipe the foam with a damp cloth. Do not submerge the orthosis. Allow it to lay flat to air dry. Ensure the orthosis is completely dry prior to re-applying.

Please call your nearest Westcoast Brace and Limb facility with any questions or concerns.



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