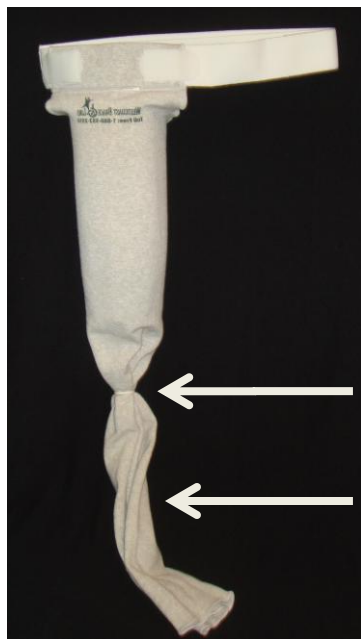


## ABOVE KNEE SHRINKER

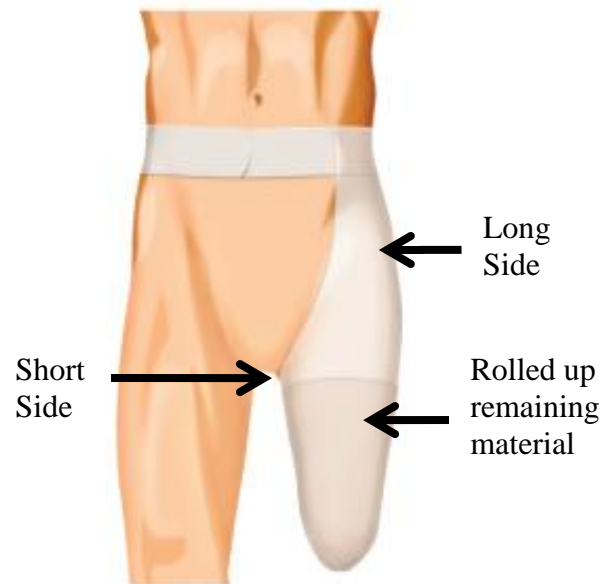
A shrinker is a tight, elastic stocking designed to provide equal compression to the residual limb after amputation. It helps to “shape” the residual limb so that it is a more ideal shape and size for using a prosthesis; reduces the amount of fluid or edema in the residual limb; and helps keep the limb at a more consistent volume. While using a shrinker is one of the initial steps in preparing your limb for prosthesis, you will also continue to use it after being fit with your prosthesis. The shrinker is to be used whenever the prosthesis is off, ie while sleeping or resting, with the leg elevated, and without the prosthesis on. It is not designed for use in the shower.

### Application

1. Align the shrinker so the short side will be towards the inside of your leg and the long side will be on the outside of your leg.
2. Pull the shrinker upwards towards your body. You should work it up a little at a time and get it as high up the residual limb, to the groin as possible.
3. Continue pulling up until all of the wrinkles are out. Then push the ring up against the bottom of your limb.
4. Now roll up the remaining material up and over your residual limb so that the shrinker is 2 layers thick.
5. Finally, secure the waist band around your waist to prevent the shrinker from sliding off.



Ring  
Remaining  
Material



### Care Instructions

Hand wash with mild detergent. Rinse thoroughly. Hang on towel rack or lay flat to dry.  
DO NOT USE: bleach, chlorine, or fabric softeners. Do not put near heat sources to dry, it will shrink and/or melt.

Please call the nearest Westcoast Brace and Limb facility to speak with a prosthetist if you have any questions or concerns.

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